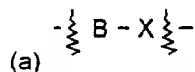


Abstract of the Disclosure

Compounds according formula (I) A-G-Z-W
and pharmaceutically acceptable salts, solvates or hydrates thereof; wherein,

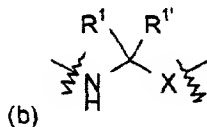
5 A is (C₆-C₁₀)aryl, (C₆-C₁₀)aryl-SO₂, (C₆-C₁₀)aryl-CH₂-, (C₆-C₁₀)arylcarbonyl, (C₁-C₉)heteroaryl, (C₁-C₉)heteroaryl-SO₂-, (C₁-C₉)heteroaryl-CH₂-, or (C₁-C₉)heteroarylcarbonyl;

G is selected from the group consisting of:



where B is (C₆-C₁₀)aryl or (C₁-C₉)heteroaryl, and X is CH₂, SO₂, or carbonyl;

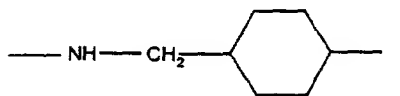
10



where X is CH₂, SO₂, or carbonyl; and R¹ and R¹' are each independently selected from H, CN, (C₁-C₈)alkyl-, and phenyl(CH₂)-, wherein said alkyl and phenyl groups are optionally substituted; and

15

(c)



where Z and W are as defined in the present Specification; and pharmaceutical compositions and methods useful to increase secretion of growth hormone(GH) from the anterior pituitary of mammals, including on a sustained release basis.